# ORARIO CORSI 2020/2021

| SALA | LUNEDI' 1 | LUNEDI' 2 | LUNEDI' 3 | MARTEDI' 1 | MARTEDI' 2 | MARTEDI' 3 | MERCOLEDI' 1 | MERCOLEDI' 2 | MERCOLEDI' 3 | GIOVEDI' 1 | GIOVEDI' 2 | GIOVEDI' 3 | VENERDI' 1 | VENERDI' 2 | VENERDI' 3 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 10:00 | | | | | | | | | | | | | | | |
| 10:30 | | | 10,30 / 11,30 PILATES CLASSICO | | | | | | 10,00 / 11,00 GYM RELAX | | | | | 10.30/11.30 PILATES | |
| 11:00 | | | | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | |
| 12:00 | | | 12.00/13.00 PILATES | | | | | | | | | | | 12.00/13.00 PILATES | |
| 12:30 | | | | | | | | | | | | | | | |
| 13:00 | | | 13.00/14.00 PILATES | | | | | | | | | | | 13.00/14.00 PILATES | |
| 13:30 | | | | | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | | | | | |
| 14:30 | | | | | | | | | | | | | | | |
| 15:00 | 15.00/16.45 ADVAN. + INTERMED LISA | | | 15.15/16.45 NEVERMIND - TERESA - | | | | 15,00/16,45 INTERMED -SARA- | | 15,30/17,00 HIP HOP MMT TERESA | | | | | 15.45/17.15 INTERMED -LISA- |
| 15:30 | | | | | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | | | | | |
| 16:30 | | | | | | 16.45/17,30 PULCINI LISA /GIULIA | | | | | 16.45/17,30 PULCINI LISA /GIULIA | | | | |
| 17:00 | 16,45/18,00 II GRADO LISA | 16,45/18,00 IV GRADO SARA | | 17.00/18.00 HIP HOP NEW CREW | 17.00/18.00 HIP HOP MMT ELENA | | 16,45/18,00 II GRADO LISA | 16,45/18,00 IV GRADO SARA | | 17.0/0/18.00 HIP HOP NEW CREW | | 17,00/18,00 BREAK avanzato - ALEXIS | 16.45/17.45 HIP HOP MONSTERS GUEST | | |
| 17:30 | | | | | | 17,30/18,30 I GRADO LISA | | | 17,30/18,30 PILATES AEREO | | 17,30/18,30 I GRADO LISA | | | 17.15-18.45 INTERMED -LISA- | 17.15/18.30 MUSICAL GIULY |
| 18:00 | 18,00/19,30 INT. FOUND A LISA | 18.00/ 19.30 INT. FOUND. B SARA | | 18.00/19.00 HIP HOP LITTLE MIX A TERESA | 18.00/19.00 HIP HOP MONSTER ELENA | | 18.00/ 19.30 INT. FOUND. B - LISA - | 18.00/19.00 CONTEMP. I -SARA- | | 18.00/19.00 HIP HOP MONSTERS | | 18,00/19,00 BREAK principianti - ALEXIS | 18.00/19.30 HIP HOP MMT GUEST | | |
| 18:30 | | | | | | | | | | | 18.30/20.00 INTER. FOUND A+B - LISA - | | | | 18.45/20.20.15 ADVANCED INTERMED. LISA |
| 19:00 | | | | 19.00/20.00 FAMILY GANG TERESA | 19.00/20.00 HIP HOP LITTLE MIX B ELENA | 18.45/20.00 MUSICAL | | | | 19.00/20.00 HIP HOP LITTLE MIX B TERE | | 19.00/20.00 HIP HOP LITTLE MIX B EDITH | | | |
| 19:30 | 19.30/20.45 MUSICAL ADULTI | 19,30/20,30 CONTEMP.II - SARA- | 19.30/21.00 YOGA -FRANCESCA- | | | | | 19.00/20.30 INT. FOUND A SARA | 19.30/ 21.00 YOGA -FRANCESCA- | | | | | | |
| 20:00 | | | | 20,00/21,00 WORKOUT TERESA | 20.00-21.00 LATIN GYM | | 19.30/21.00 ADVANCED - LISA - | | | 20,00/21,00 WORKOUT TERESA | | | | | |
| 20:30 | | 20,30/21,30 BODY FIT DANCE - SARA - | | | | | | 20,30/21,30 BODY FIT DANCE - SARA - | | | | | | | |
| 21:00 | | | | 21.00/22.30 HIP HOP AVANZATO BLACKSOULS TERESA | 21.00-22.00 GYM RELAX | | 21.00/23.00 COUNTRY DANCE | | | 21.00/22.30 HIP HOP AVANZATO BLACKSOULS TERESA | | | | | |
| 21:30 | | | | | | 20,00/21,30 DANZA ORIENTALE | | | | | | | | | |
| 22:00 | | | | | | | | | | | | | | | |
| 22:30 | | | | | | | | | | | | | | | |